

# SCLEROTHERAPY

## Thread Vein Treatment (Legs)

**Thread veins lie under the membrane layer of the skin. If left untreated, the condition can become increasingly widespread and unsightly. Sclerotherapy is by far the most effective procedure for removing thread veins.**



This treatment involves a special solution being injected into the veins through a very small needle causing the walls of the veins to contract and eventually making them disappear completely.

At consultation Dr Saleh will discuss with you any relevant medical history, try to ascertain your expectations, determine your suitability for treatment and then discuss possible treatment options for you to consider.

Dr Saleh will explain the treatment processes and any possible risks and complications and provide you with post treatment advice.

If you are having a course of treatments, please make an appointment for four weeks. When a course is complete, it is advisable to have an annual treatment to maintain the optimum result.

### Following Your Treatment

After treatment of thread veins you may experience localised swelling of the skin lasting 3–4 days. Localised bruising, swelling and itchiness are all normal.

Brown staining may occur in the treated areas; in most cases this will fade over a period of time.

You should bathe normally, but avoid hot temperatures. Where the treatment applies to the face, you should not apply make-up until the following day.

Where the treatment is applied to the leg area, normal activities, especially walking, can be continued, but avoid strenuous exercise for one week.

If discharged with tubigrip, this should be worn for one week. It may be removed for bathing. If discharged with 3 layers of bandage, DO NOT exercise for one week.

In rare cases, injection sclerotherapy can cause an area of matting (a fine new vessel formation around the injection site).

Allergic response to such treatment is also rare, as is infection.

If you have any problems or concerns, please contact the clinic.

